



香港戒毒會

THE SOCIETY FOR THE AID AND
REHABILITATION OF DRUG ABUSERS



**NO DRUG ADDICT
LEFT BEHIND**

The Society for the Aid and Rehabilitation of Drug Abusers (SARDA) is established in 1961, is the largest provider of voluntary drug treatment and rehabilitation services in Hong Kong. SARDA adopts medical psycho-social counselling model, endeavours to provide free and diversified drug treatment and rehabilitation services to all drug abusers on a voluntary basis, regardless of age, gender, race and religion, helping drug abusers to build healthy lives, and actively collaborates with Government and stakeholders to promote anti-drug preventive education, creating a harmonious and inclusive society.

SARDA comprises four residential drug treatment and rehabilitation centres, including Shek Kwu Chau Treatment and Rehabilitation Centre, and also four social service centres and five halfway houses, which provide drug treatment, aftercare and supporting services for social reintegration. In addition, SARDA joins hands with Department of Health to provide individual and group counselling services in all methadone clinics.

SARDA stays ahead in the pursuit of a drug-free society and responds proactively to the needs of the disadvantaged. SARDA has gained awards and recognition from the society including **"Nominator of Hong Kong Spirit Ambassador"**, **"Top Ten Best Practice Social Services Projects by HK Council of Social Service"**, **"Touching CSR Award of the Association of Distinguished Corporation"** and **"Hong Kong Ten Outstanding Community Services 2018"**.



Donation
 www.sarda.org.hk



**01 Shek Kwu Chau
Treatment & Rehabilitation Centre**
residential services for males aged 18 or above

02 Au Tau Youth Centre
residential services for males under 29 years old

03 Adult Female Rehabilitation Centre
residential services for females aged 30 or above

**04 Sister Aquinas Memorial
Women's Treatment Centre**
residential services for females under 29 years old

05 Halfway Houses
accommodation for clients completed
drug treatment

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registration for admission and aftercare services

**07 Methadone Treatment
Programme Counselling Service**
counselling services to methadone patients and families

08 Drug Preventive Education
sharing of successful experiences and cases

We're
HERE
to help.

SARDA Hotline :
2574 3300

Community Support Team :
5264 4716  

SARDA Website : www.sarda.org.hk



Rehabilitation

I am a Nepalese. Before, I was addicted to heroin and found it hard to extricate myself. I am very thankful to the **SARDA social worker** of the methadone counselling service, who encouraged me to be admitted to **Shek Kwu Cha Treatment and Rehabilitation Centre (SKC) to quit heroin and get myself back on track**. I started jogging during my treatment in SKC and even love running to train my perseverance, enabling me to face difficulties. I am now working as a staff in SKC serving the ethnic minority rehabilitants, running together towards our drug-free life.



THAPA (Group Leader, SKC Treatment and Rehabilitation Centre)

Shek Kwu Chau Treatment & Rehabilitation Centre

The Shek Kwu Chau Treatment and Rehabilitation Centre (SKC) provides residential drug detoxification and rehabilitation services for males aged 18 or above who have drug abuse problems. This includes a 1 to 6 months detoxification and rehabilitation programme for people addicted to heroin, as well as a 6 to 12 months drug rehabilitation programme called the "Project SARDA" and "Project WAVE" for males who abuse of psychotropic drugs, such as cannabis, methamphetamine, cocaine, ketamine, sleeping pills, cough syrup and others. Additionally, the Centre offers drug rehabilitation services tailored for non-Chinese individuals.

SKC is staffed by a multidisciplinary team that provides counselling and 24-hour medical care services. Through social and psychological skills training, physical exercise training, vocational skills training, and occupational therapy, including woodworking, metalworking, masonry, farming, gardening, art, as well as internal maintenance, the Centre helps residents to build self-confidence and a sense of responsibility, and strengthen their determination to resist drug addiction.

Hong Kong Social Service Centre

15/F., Southorn Centre, 130 Hennessy Road, Wanchai, H.K.

☎ 2838 2323

North Kowloon Social Service Centre

2/F., Hung Fuk House, 45-51 Fuk Wa Street, Sham Shui Po, Kln.

☎ 2776 8271

East Kowloon Social Service Centre

Rm 405, Tower A, Hung Hom Commercial Centre, 37-39 Ma Tau Wai Rd., Kln.

☎ 2356 2663

Application

Please bring your ID card and go to SARDA's Social Service Centres in person during office hours to complete the application procedures. Accommodation and meals are provided free of charge during drug treatment and rehabilitation period. Successful applicants only have to pay the amount of personal petty cash.

Office Hours: Monday to Friday 8:45 - 17:15
Saturday 9:00 - 12:00

Project SARDA / Project WAVE

☎ ☎ **9667 9027**



Treatment

I want to express my gratitude to the social workers at the Au Tau Youth Centre for their support and help in **guiding my son, who had gone astray. There has been a significant transformation in his attitude towards everything now.** He leads a **responsible and disciplined life**, unlike the chaotic life he had before. I have also changed my perspective on him. Once again, I want to thank the Centre for their assistance and SARDA staff!



Parent of Cheung Zai

Au Tau Youth Centre

The Au Tau Youth Centre (ATYC) is designed to provide residential drug treatment and rehabilitation services for young male drug abusers (under 29 years old) for a duration of 3 to 12 months. The Centre emphasises personal responsibility, discipline, and obedience, and cultivates a spirit of striving for self-improvement, and helping oneself and others through a promotion system. It aims to promote individual growth through a supportive and loving group living environment.

ATYC is staffed by a multidisciplinary team that provides counselling and 24-hour medical care services. It also offers diverse sports activities, including water sports, to enhance physical fitness and cultivate perseverance. The Centre provides vocational skills training and educational courses aligned with the Hong Kong Diploma of Secondary Education Examination, providing trainees with ample learning opportunities to establish a solid foundation for future employment or further education.



Application

Please call or contact ATYC via WhatsApp to make an appointment for registering for residential drug rehabilitation services. (Those who are 18 years old or below must be accompanied by a parent or guardian). During the residential drug treatment and rehabilitation period, accommodation and meals are provided free of charge, excluding personal items and activity costs.

Office Hours: Monday to Friday 8:45 - 17:15
Saturday 9:00 - 12:00

Email: atyc@sarda.org.hk

☎ **2478 7026** ☎ **9150 2504**



Acceptance

Staying at the Adult Female Rehabilitation Centre has been the best decision I have made in my life. I have learned so many things that I never learned in the first half of my life... **Now I have learned to face myself, accept myself, and my relationship with my family has improved.** I know what is the most important in my life and understand that there are solutions to many things. It's never too late to turn a new leaf!



Pui Chun

Adult Female Rehabilitation Centre

The Adult Female Rehabilitation Centre (AFRC) provides residential drug treatment and rehabilitation services for women aged 30 and above for a duration of 3 to 12 months. During the rehabilitation period, parent-child activities can be arranged for mothers and their children under the age of 5. Besides, a 4-week short-term drug treatment programme is available for individuals on low-dose methadone medication.

AFRC is staffed by experienced social workers who provide professional counselling service and are skilled in assisting adult women with complex emotional, personal, and family issues related to drug abuse. The Centre emphasises individual and family counselling, group therapy, and offers diverse programmes and courses (including mindfulness) to provide life and vocational skills training, as well as family education that cater to their specific needs.



Application

Please call or contact AFRC via WhatsApp to make an appointment for registering for residential drug rehabilitation services. During the residential drug treatment and rehabilitation period, accommodation and meals are provided free of charge. Successful applicants only have to pay a deposit and personal petty cash.

Office Hours: Monday to Friday 8:45 – 17:15
Saturday 9:00 – 12:00

Email: info_afrc@sarda.org.hk

☎ **2699 9936**
☎ **6212 9592**



Caring

I am really grateful to everyone in SARDA for their unwavering support and **never giving up on me, even when I felt completely hopeless.** They have **helped me to regain confidence.** I will work hard to **reset the second half of my life, and support my daughter to grow up happily.** Thanks to SARDA for **guiding me back to the right path and giving me a new life!**



Man Man (drug rehabilitated mother)

Sister Aquinas Memorial Women's Treatment Centre

The Sister Aquinas Memorial Women's Treatment Centre (WTC) is dedicated to provide 3 to 12 months residential drug treatment and rehabilitation services for young female drug abusers (under 29 years old), including pregnant women with drug abuse issues. The services are tailored to the needs of young female drug abusers, emphasising positive group dynamics, peer support and influence, and focusing on enhancing self-awareness, sense of responsibility, emotional management, and problem-solving skills.

WTC is staffed by a multidisciplinary team that provides counselling and 24-hour medical care services. It also arranges opportunities for trainees to engage in emerging sports, horticultural therapy, vocational skills training, and educational programmes aligned with the Hong Kong Diploma of Secondary Education Examination, allowing trainees to have diverse learning opportunities and maintain their physical and mental well-being.



Application

Please call or contact WTC via WhatsApp to make an appointment for registering for residential drug rehabilitation services. (Those who are 18 years old or below must be accompanied by a parent or guardian). During the residential drug treatment and rehabilitation period, accommodation and meals are provided free of charge. Successful applicants only have to pay a deposit and personal petty cash.

Office Hours: Monday to Friday 8:45 - 17:15
Saturday 9:00 - 12:00

Email: info_wtc@sarda.org.hk



☎ 2574 2311 ☎ 6764 6711



Professional

I built up valuable friendship in half way house. **Living with other people with different nationalities** is not really hard as we have the same goals here: quit drugs and have a drug-free life. It is very good that staff in SARDA celebrate our Nepali festival and prepare some Nepali food for us. **I am very glad to be here.**



Bi (Nepalese)

Halfway Houses

The Halfway House service provides short-term accommodation for individuals who have completed the drug treatment and rehabilitation programme at our centres, assisting them to reintegrate into the society. This service helps them rebuild family relationships and social network, look for employment, and establish a happy and supportive drug-free lifestyle. It further enhances their problem-solving abilities and relapse prevention skills, consolidating a healthy and drug-free life after their reintegration into the society.

There are four halfway houses for men and one halfway house for women. Each of them provides around 12 weeks of accommodation services.



Halfway Houses for Men



Bradbury Hong Ching Centre
Happy Valley, H.K.

☎ **2893 4919**



Luen Ching Centre
Ho Man Tin, Kln

☎ **2760 9110**



Kowloon Hostel
Ho Man Tin, Kln

☎ **2760 9008**



Bradbury Pui Ching Centre
(Self-help Hostel)
Waterloo Road, Kln

☎ **2714 4746**

Halfway House for Women



Female Hostel
Wanchai, H.K.

☎ **2574 2311**

Transformation

With the support from Shek Kwu Chau Treatment and Rehabilitation Center, I returned to school and started from Form Three at the age of 26. Eventually, I became a degree social worker. I was **awarded as the "Hong Kong Spirit Ambassador" by the nomination made by SARDA**, which gives me more opportunities to share how to break through my limitations, create unlimited life, give back to society, and embody the "Hong Kong spirit". I will use my life experience and social work expertise, **"life influence life", and help drug addicts and their families.**



CHENG Ming-fai (RSW, 2012 Hong Kong Spirit Ambassador, Ex-drug Abuser)

Social Service Centres

The Social Service Centres provide registration services for individuals voluntarily applying for admission to drug treatment and rehabilitation centres. They also offer aftercare counselling services, community education, and organise positive and beneficial recreational activities for rehabilitants. The Centres actively motivate rehabilitants to participate in voluntary work to give back to the society and assists them in establishing a drug-free social support network and a healthy lifestyle.



Hong Kong Social Service Centre



15/F, Southern Centre, 130 Hennessy Road,
Wanchai, H.K.

info_hkssc@sarda.org.hk

☎ 2838 2323

East Kowloon Social Service Centre



Rm 405, Tower A, Hung Hom Commercial Centre,
37-39 Ma Tau Wai Rd., Kln.

info_ekssc@sarda.org.hk

☎ 2356 2663

North Kowloon Social Service Centre



2/F, Hung Fuk House, 45-51 Fuk Wa Street,
Sham Shui Po, Kln.

nkssc@sarda.org.hk

☎ 2776 8271

Women's Social Service Centre



13/F, Tak Wah Mansion, 290-294 Hennessy Road,
Wanchai, H.K.

info_wtc@sarda.org.hk

☎ 2574 2311

Office Hours: Monday to Friday 8:45 - 17:15
Saturday 9:00 - 12:00

Counselling

I used to **have a lot of pressure** and couldn't find anyone to confide in. After coming into contact with the SARDA social workers at Methadone Clinic, I felt comfortable to speak freely. The social workers cared not only about whether I was recovering from drug addiction, but also about **my overall well-being**. SARDA accepted **my concerns and vulnerabilities**, making me realise that I was not fighting alone.



Ah Ping

Methadone Treatment Programme Counselling Service

SARDA provides counselling services to individuals receiving methadone treatment at all methadone clinics of the Department of Health. Any individual receiving methadone treatment can access counselling services through self-application, doctor referral, or invitation by our social workers. This includes individuals under the age of 21 receiving methadone treatment, those applying for methadone treatment for the first time, and female who are receiving methadone treatment.

Our services include group counselling, family support services, living support, recreational activities & self help groups for carers and families, as well as community education. Through the counselling services of the methadone treatment programme, individuals receiving methadone can work and live like normal persons without engaging in criminal or illegal behaviour in order to purchase drugs.

北九龍
社會服務中心



**Hong Kong Island and
Outlying Islands**

☎ **2838 2323**



**Kowloon North and
New Territories West**

☎ **2776 8271**



**Kowloon East and
New Territories North**

☎ **2356 2663**

Office Hours: Monday to Friday 8:45 - 17:15
Saturday 9:00 - 12:00

Email: info_mtp@sarda.org.hk



Prevention

Reflecting on my more than ten years of drug taking history, I can only see losses and no gains, including both health and money! Therefore, I advise young people not to try any form of drugs tempted by excitement or competitiveness. During my rebellious youth, I didn't listen to others' advice, but now I want to **share my own experiences with you all, so that you understand the dangers of drugs. Let's stand firm. Knock drugs out!**



Ah Kei

Drug Preventive Education

SARDA understands the importance of "prevention is better than cure". We regularly arrange students and members of the community to visit our drug treatment and rehabilitation centres, allowing them to understand our drug treatment and rehabilitation work and the dangers of drug abuse.

We also collaborate with various groups, including schools, parent-teacher associations, community groups, and other social service organisations to organise drug preventive education, sharing sessions by drug rehabilitees, and booth games to disseminate anti-drug messages and remind the public to stay away from drugs.



General Enquiry

☎ **2527 7726**

Office Hours: Monday to Friday 8:45 - 17:15
Saturday 9:00 - 12:00

Email: sarda@sarda.org.hk

The Society for the Aid and Rehabilitation of Drug Abusers

3/F, Duke of Windsor Social Service Building,
15 Hennessy Road, Wanchai, H.K.

Tel: 2527 7726 Fax: 2865 5455

Email: sarda@sarda.org.hk

